

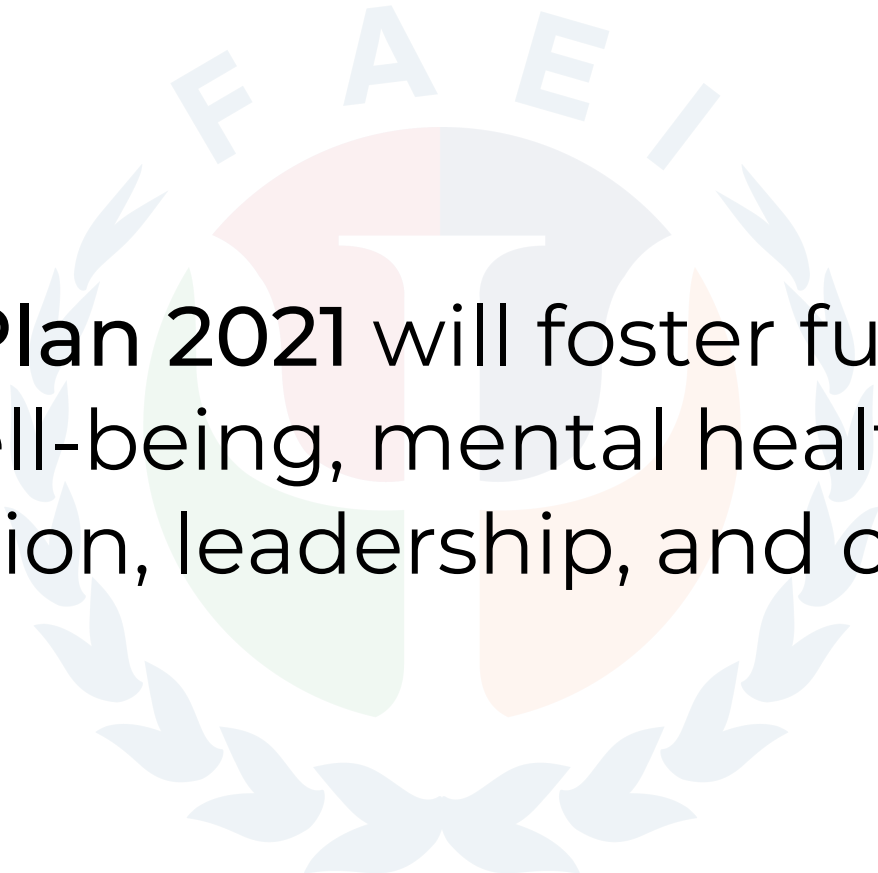
Action Plan 2021

Heroes of Education

Sustainable Development
Teacher Course



"If we are well, we can show up better in all situations, especially for ourselves, our projects, our students, our environment, our colleagues, and beloved ones."

The image features a large, faint watermark of the FAEI logo in the background. The logo consists of a circular emblem with a laurel wreath border. Inside the wreath is a shield divided into four quadrants: top-left is red, top-right is blue, bottom-left is green, and bottom-right is orange. The letters 'F', 'A', 'E', and 'I' are arranged in an arc above the shield.


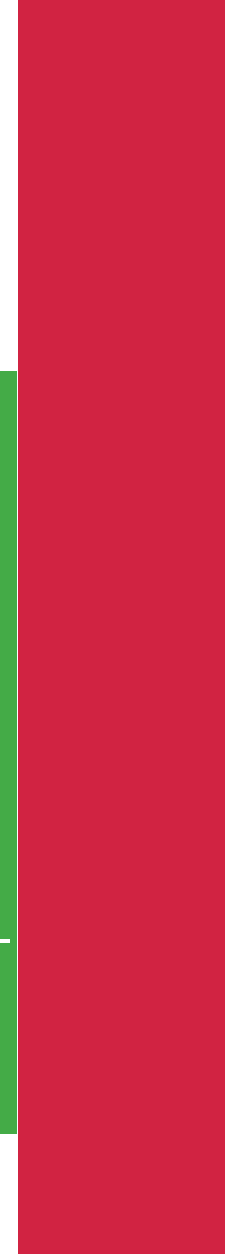
Our **Action Plan 2021** will foster future skills that support well-being, mental health, resilience, collaboration, leadership, and compassion.





“Well-being
is the focus
of the entire
AGENDA
2030. It is a
basic
purpose.”





Three Layer Intervention

- **Emotional Intelligence:** training of self-awareness, self-management, motivation, empathy, social skills,
 - **Mindfulness:** a foundational skill that underpins the inner growth and emotional skills,
 - **Neuroscience:** provides scientific-based data and evidence-based practices.
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The course is highly contemplative.
It contains one-third of theory and
two-thirds of experiential exercises,
including self-inquiry, attention
practices, video training practices,
and writing activities.



The logo for FAEI (Free Accessible Education Initiative) is a circular emblem. It features a central shield divided into four quadrants: top-left is red, top-right is grey, bottom-left is green, and bottom-right is orange. The shield is surrounded by a laurel wreath. The letters 'F A E I' are arched above the shield. The text 'The Vision' is written in a large, bold, blue sans-serif font, with the logo centered behind the word 'Vision'.

The Vision


Starting the program has been an important milestone and we now envision the goal of 50.000 educators receiving freely accessible courses until 2025.

Acquiring the practices delivered in this course reduces negative social effects on well-being and promotes sustainable development. This supports the following measurable advantages:

- Reduction of mental disorders
- Reduction of stress and burnout risks
- Reduction of learning loss through digital wall and isolation
- Increase in health literacy
- Promotion of individual and community resilience
- Promotion of sustainable collaborations
- Promotion of excellent leadership skills
- Promotion of sustainable behavior
- Promotion of effective communication

The Action Plan 2021 includes:



- One-hour online workshop, to initiate the course.
- A 14-day online course providing tools to cultivate beneficial soft skills for a sustainable teaching environment.
- A pre-and post-assessment to analyze program impact.
- A 14-week Program Guide to applying methods and techniques in your classroom.
- One-hour webinar reuniting teachers to integrate learning, answer questions, and provide direction forward.

The image features a central circular area with a dark grey background, containing a white text quote. This central area is surrounded by 17 colorful, wedge-shaped segments that form a larger circle. The segments are arranged in a ring and feature various colors including shades of blue, green, red, yellow, orange, and pink. The quote is centered within the dark grey circle.

"We're looking to the sustainable development goals, not as a nice thing to do, not as an incidental thing to do in our spare time, but as a necessary change to how the world operates, how the world economy works, how it needs to change to make sure that well-being is shared by all that, as the UN says, no one is left behind, and, how those changes can protect us from our own self destruction through a massive environmental degradation."

Activities



- 1 Hour Workshop
 - Pre-Assessment
 - 14 Days Online Course
 - Online Intervention Evaluation
 - Classroom content with 14 exercises to practice with your students
 - Pos-Assessment
 - Certification
 - Cohort Check-In 1 Hour
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Cohort A
March 1st

Cohort B
September 1st

Cohort C
November 1st

Registration Heroes of Education 2021

To register click on the desired cohort.



Cohort A: starting March 1st

Cohort B: starting September 1st


Cohort C: starting November 1st



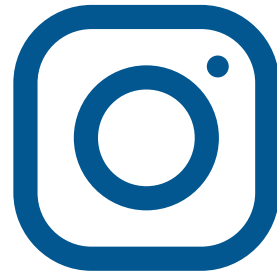
Federal Association of Emotional Intelligence (F.A.E.I.) -
Bundesverband der emotionalen Intelligenz (BVEI) - e.V. Am
Sandkreuz 8a | 86477 Adelsried | info@faei.eu | www.faei.eu
Registered at Augsburg Local Court, VR 202395 Board Member
Stefan Weynfeldt



“In every adult there lurks a child — an eternal child, something that is always becoming, is never completed, and calls for unceasing care, attention, and education. That is the part of the personality which wants to develop and become whole.” -
Carl Jung



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